

Magnetic Island

RECOVERY RETREAT

Experience your own story of recovery

YOUR ITINERARY

Seven days of magic and transformation, including:

- breakfast with the koalas
- sunset cruise
- 3-hour massage
- walking, swimming, snorkelling
- personalised recovery work

DATES

Our program kicks off in September 2022 – dates will be confirmed soon.

COSTS & FUNDING

The program is held over 7 days, and includes flights, meals, activities and therapies.

This program can be funded through NDIS as a Short Term Accommodation (STA). Please enquire for more details

WHAT NEXT?

Please visit our website for more information or to register your interest.

Or phone Chris on 0466 569 977



Peer 4 Peer is pleased to offer a bespoke Recovery Retreat program in one of Queensland's most beautiful locations, Magnetic Island (near Townsville).

This special place with its beautiful beaches has a powerful effect on those who visit, allowing Mother Nature to be the principle healer. As well, we offer a range of healing opportunities, including massage, animal therapy, peer support and recovery coaching.

We have designed our 7-day program for people with significant mental health challenges who wish to focus on their healing and recovery, and are ready for positive change.

Travel with a small group (2 clients and 3 mentors). Our Peer Mentors and Recovery Coaches all have lived experience of mental illness, and they know what it takes to recover. They can support, guide and inspire you on this journey.

